

MICRONEEDLING FACIAL

Aftercare Information



SKB
CLINIC

It is important to follow the aftercare steps to ensure safe healing of the skin post-procedure. Proper care with the use of the recommended skin care products as part of your aftercare will help you achieve your best possible treatment results.

- You must keep the treatment area clean. Avoid touching and rubbing the area. Wash with a gentle face wash. Pat dry with a clean cloth immediately. A suitable face wash is available to purchase from SKB if required.
- Begin to apply your recommended skin care products as instructed. This should be applied morning and evening after washing your face and hands.
- Avoid applying products with active ingredients, such as retinol, acids and scrubs for 7 days.
- Use a hydrating serum (hyaluronic acid is ideal) to replenish moisture.
- Apply a rich, soothing moisturiser regularly to support skin barrier recovery.
- If your skin feels dry or tight, increase hydration and moisturisation.
- A broad-spectrum SPF 50+ should be applied on a daily basis.
- Stay hydrated, drink plenty of water.
- During your skin's healing process, which can take 4+ weeks, you may experience dryness, itching and flaking. This is a normal healing process while your skin renews and important not to pick, peel or scratch the treatment area.
- Do not apply makeup on or around the treated area for 7 days.
- Do not expose the healing skin to extreme heat, cold or moisture for 2 weeks following your treatment. This can include direct sun, tanning beds, jacuzzis, saunas, salt water, chlorinated pools, direct shower spray, hot water, skin creams or ointments other than what you have been instructed to use.
- Do not take part in strenuous activity which may result in perspiration for at least 48 hours.
- You must wait at least 4-6 weeks before your next microneedling treatment or any other advanced facials.
- Keep skin routine simple: cleanse → hydrate → serum → moisturise → SPF.

If you have any questions concerning the treatment or aftercare, please feel free to contact SKB Clinic on 0203 668 9966.